



**INTERNATIONAL  
SKYRUNNING  
FEDERATION**

Official Race Time (\*\*\*) - FSA Sanctioned Records (\*\*) - Fastest Known Time FKT (\*)

| ASCENT RECORDS - 1,000/3,000m          | LOCATION          | COUNTRY     | ALTITUDE  | DISTANCE | TOTAL CLIMB | TIME        | m/h       |               | YEAR | HOLDER                |     | NATION  |
|--|-------------------|-------------|-----------|----------|-------------|-------------|-----------|---------------|------|-----------------------|-----|---------|
| Cervino Vertical Kilometer ***         | Breuil-Cervinia   | Italy       | 3000m     | 3.5 km   | 1000m       | 40'44"      | 1473      |               | 1994 | Ettore Champretavy    | M   | ITA     |
| Cervino Vertical Kilometer ***         | Breuil-Cervinia   | Italy       | 3000m     | 3.5 km   | 1000m       | 38'30"      | 1558      |               | 2000 | Matt Carpenter        | M   | USA     |
| Vertical Kilometer® M/3000m ***        | Val d'Isère       | France      | 2900m     | 3 km     | 1000m       | 33'34"      | 1787      |               | 2016 | Xavier Gachet         | M   | ITA     |
| Vertical Kilometer® F/3000m ***        | Val d'Isère       | France      | 2900m     | 3 km     | 1000m       | 38'11"      | 1571      |               | 2016 | Christel Dewalle      | F   | FRA     |
| Vertical Kilometer® M /2000m ***       | Canazei           | Italy       | 2407m     | 2.1 km   | 1000m       | 31'34"      | 1901      |               | 2016 | Philip Goetsch        | M   | ITA     |
| Vertical Kilometer® F/2000m ***        | Canazei           | Italy       | 2407m     | 2.1 km   | 1000m       | 38'14"      | 1569      |               | 2014 | Laura Orguè           | F   | ESP     |
| Vertical Kilometer® F/2000m ***        | Cholonge          | France      | 2140m     | 1.8 km   | 1000m       | 34'01"      | 1764      |               | 2019 | Axelle Mollaret       | F   | FRA     |
| Vertical Kilometer® M/1000m ***        | Fully             | Switzerland | 1500m     | 1.9 km   | 1000m       | 29'42"      | 2020      |               | 2014 | Urban Zemmer          | M   | ITA     |
| Vertical Kilometer® M/1000m **         | Fully             | Switzerland | 1500m     | 1.9 km   | 1000m       | 28'53"      | 2077      |               | 2017 | Philip Goetsch        | M   | ITA     |
| Vertical Kilometer® F/1000m **         | Fully             | Switzerland | 1500m     | 1.9 km   | 1000m       | 34'44"      | 1727      |               | 2014 | Christel Dewalle      | F   | FRA     |
| Double Vertical Kilometer M/3000m ***  | Villaroger        | France      | 3211m     | 7.6 km   | 2022m       | 1h23'34"    | 1452      |               | 2017 | Yoann Sert            | M   | FRA     |
| Double Vertical Kilometer F/3000m ***  | Villaroger        | France      | 3211m     | 7.6 km   | 2022m       | 1h35'20"    | 1273      |               | 2015 | Christel Dewalle      | F   | FRA     |
| Double Vertical Kilometer M/2000m ***  | Chandolin         | Switzerland | 2720m     | 7.7 km   | 1970m       | 1h09'32"    | 1700      |               | 2018 | Rémi Bonnet           | M   | SUI     |
| Double Vertical Kilometer F/2000m ***  | Chandolin         | Switzerland | 2720m     | 7.7 km   | 1970m       | 1h21'20"    | 1453      |               | 2020 | Christel Dewalle      | F   | FRA     |
| Triple Vertical Kilometer ***          | Susa              | Italy       | 3538m     | 9.7 km   | 3030m       | 1h58'53"    | 1529      |               | 2017 | Martin Anthamatten    | M   | SUI     |
| Triple Vertical Kilometer ***          | Susa              | Italy       | 3538m     | 9.7 km   | 3030m       | 2h22'38"    | 1275      |               | 2014 | Laura Orguè           | F   | ESP     |
| 24 HOUR ASCENT RECORDS                 | LOCATION          | COUNTRY     | ALTITUDE  | DISTANCE | TOTAL CLIMB | TIME        | m/h       |               | YEAR | HOLDER                |     | NATION  |
| 24-Hour Ascent - SkyRace® ***          | Val d'Isère       | France      | 1800/2500 |          | 17575m      | 23h55'      | 735       |               | 2001 | Adriano Greco         | M   | ITA     |
| 24-Hour Hour Ascent - individual *     | Passo Tonale      | Italy       | 1800/2500 |          | 17675m      | 23h33'      | 746       |               | 2009 | Andrea Daprai         | M   | ITA     |
| 24-Hour Hour Ascent - individual *     | Mezzacorona TN    | Italy       | 200/800   |          | 20320m      | 23h51'      | 852       |               | 2016 | Jimmy Pellegrini      | M   | ITA     |
| 24-Hour Hour Ascent - individual **    | Mezzacorona TN    | Italy       | 200/800   |          | 20550m      | 23h51'      | 862       |               | 2017 | Andrea Daprai         | M   | ITA     |
| 24-Hour Hour Ascent - individual **    | Mezzacorona TN    | Italy       | 200/800   |          | 20865m      | 24h00'      | 869       |               | 2019 | Manuel Degasperri     | M   | ITA     |
| 24-Hour Hour Ascent - individual **    | Mezzacorona TN    | Italy       | 200/800   |          | 21720m      | 24h00'      | 905       |               | 2020 | Daniele Cappelletti   | M   | ITA     |
| 24-Hour Hour Ascent - ski individual * | Tusten            | Norway      | 200/800   |          | 20939m      | 24h         | 872       | (ascent time) | 2017 | Lars Erik Skjervheim  | M   | NOR     |
| 24-Hour Hour Ascent - ski individual * | Tusten            | Norway      |           |          | 15440m      | 24h         | 643       | (ascent time) | 2016 | Malene Blikken Haukoy | F   | NOR     |
| 24-Hour Hour Ascent - ski individual * | Tusten            | Norway      |           |          | 23486m      | 24h         | 979       | (ascent time) | 2019 | Kilian Jornet         | M   | ESP     |
| 24-Hour Hour up & down - individual *  | Finland           | Finland     |           |          | 16054m      | 24h         |           | up & down     | 2020 | Juha Jumisko          | M   | FIN     |
| 24-Hour Hour up & down - individual *  | Roccia Melone     | Italy       | 3548m     | 54km     | 12200m+/-   | 24h         |           | up & down     | 1994 | Valerio Bertoglio     | M   | ITA     |
| 24-Hour Hour up & down - individual *  | Roccia Melone     | Italy       | 3548m     | 54km     | 12200m+/-   | 22h53'      |           | up & down     | 2017 | Francesco Zucconi     | M   | ITA     |
| ALTITUDE RECORDS - 4,000/5,000m        | LOCATION          | COUNTRY     | ALTITUDE  | DISTANCE | TOTAL CLIMB | TIME        | km/h      |               | YEAR | HOLDER                |     | NATION  |
| Everest SkyMarathon® ***               | Tingri            | Tibet       | 4373m     | 42 km    | 150m        | 2h52'57"    | 15 km/h   |               | 1998 | Matt Carpenter        | M   | USA     |
| Everest SkyMarathon® ***               | Tingri            | Tibet       | 4373m     | 42 km    | 150m        | 3h55'19"    | 10,8 km/h |               | 1996 | Danelle Ballangee     | F   | USA     |
| Everest Top SkyMarathon® **            | Tengu La          | Tibet       | 5200m     | 42 km    | 50m         | 3h22'25"    | 12,5 km/h |               | 1998 | Matt Carpenter        | M   | USA     |
| SKYRUNNING RACES - 4,000/5,000m        | LOCATION          | COUNTRY     | ALTITUDE  | DISTANCE | TOTAL CLIMB | ASCENT TIME | m/h       | RETOUR TIME   | YEAR | HOLDER                |     | NATION  |
| Pikes Peak Marathon® ***               | Manitou Springs   | USA         | 4301m     | 42 km    | 2200m       | 2h01'06"    | 1090      | 3h16'39"      | 1993 | Matt Carpenter        | M   | USA     |
| Pikes Peak Marathon® **                | Manitou Springs   | USA         | 4301m     | 42 km    | 2200m       | 2h29'15"    | 884       | 4h02'45"      | 2019 | Maude Mathys          | F   | SUI     |
| Aspen-Castle Peak SkyMarathon® *       | Aspen/Tailor Peak | USA         | 4037m     | 42 km    | 2000m       | 1h50'00"    | 1091      | 3h23'10"      | 1994 | Matt Carpenter        | M   | USA     |
| Mt Elbert SkyMarathon® *               | Independence Pass | USA         | 4399m     | 20 km    | 1500m       |             |           | 1h54'48"      | 1996 | Bruno Brunod          | M   | ITA     |
| Breithorn SkyMarathon® ***             | Cervinia          | Italy       | 4165m     | 27 km    | 2160m       | 1h48'18"    | 1197      | 2h26'14"      | 1996 | Jean Pellissier       | M   | ITA     |
| Breithorn SkyMarathon® ***             | Cervinia          | Italy       | 4165m     | 27 km    | 2160m       |             |           | 3h21'26"      | 1996 | Danelle Ballangee     | F   | USA     |
| Monte Rosa SkyMarathon® ***            | Alagna            | Italy       | 4559m     | 35 km    | 3490m       | 3h14'00"    | 1079      | 4h24'27"      | 1994 | Fabio Meraldi         | M   | ITA     |
| Monte Rosa SkyMarathon® ***            | Alagna            | Italy       | 4559m     | 35 km    | 3490m       | 4h00'18"    | 871       | 5h34'40"      | 1994 | Gisella Bendotti      | F   | ITA     |
| Monte Rosa SkyMarathon® ***            | Alagna            | Italy       | 4559m     | 35 km    | 3490m       | 3h17'51"    | 1058      | 4h39'59"      | 2018 | F. Collé/W. Boffelli  | M   | ITA/ITA |
| Monte Rosa SkyMarathon® ***            | Alagna            | Italy       | 4559m     | 35 km    | 3490m       | 4h00'55"    | 869       | 5h51'32"      | 2018 | H. Gerardi/H. Page    | F   | USA/GBR |
| Monte Rosa SkyMarathon® ***            | Alagna            | Italy       | 4559m     | 35 km    | 3490m       | 3h36'48"    | 966       | 5h03'56"      | 2018 | K. Jornet/E. Forsberg | M/F | ESP/SWE |
| Mont Blanc Ultra SkyMarathon® **       | Courmayeur        | Italy       | 4810m     | 52 km    | 3800m       | 4h39'58"    | 814       | 7h06'31"      | 1993 | Adriano Greco         | M   | ITA     |

|   |                     |                |                 |                 |                    |                    |            |                    |             |                    |     |               |
|---|---------------------|----------------|-----------------|-----------------|--------------------|--------------------|------------|--------------------|-------------|--------------------|-----|---------------|
| Mont Blanc Ultra SkyMarathon® **          | Courmayeur          | Italy          | 4810m           | 52 km           | 3800m              | 6h                 | 633        |                    | 1994        | Gisella Bendotti   | F   | ITA           |
| Mt Kenya SkyMarathon® ***                 | Sirimon Gate^       | Kenya          | 4985m           | 42 km           | 2440m              | 3h29'00"           | 700        | 5h03'22"           | 1995        | Fabio Meraldi      | M   | ITA           |
| Mexico Iztaccihuatl SkyMarathon® ***      | Paso Cortes         | Mexico         | 5210m           | 33 km           | 1550m              | 1h55'00"           | 809        | 2h50'44"           | 1998        | Ricardo Mejia      | M   | MEX           |
| Mt Kinabalu Climbathon ***                | Sabah               | Malaysia       | 4095m           | 17.8 km         | 2205m              | 1h35'29"           | 1386       | 2h33'56"           | 2010        | Marco De Gasperi   | M   | ITA           |
| <b>SKYRUNNING RECORDS - 4,000m - ALPS</b> | <b>LOCATION</b>     | <b>COUNTRY</b> | <b>ALTITUDE</b> | <b>DISTANCE</b> | <b>TOTAL CLIMB</b> | <b>ASCENT TIME</b> | <b>m/h</b> | <b>RETOUR TIME</b> | <b>YEAR</b> | <b>HOLDER</b>      |     | <b>NATION</b> |
| Dôme de Neige *                           | Ailefroide          | France         | 4015m           | 10 km           | 2500m              | 2h01'00"           | 1240       |                    | 1999        | Jean Pellissier    | M   | ITA           |
| Dôme de Neige *                           | Ailefroide          | France         | 4015m           | 16 km           | 2500m              | 2h00'47"           | 1242       | 2h30'57"           | 2005        | Kilian Jornet      | M   | ESP           |
| Dôme de Neige *                           | Ailefroide          | France         | 4015m           | 16 km           | 2500m              | 1h57'55"           | 1272       |                    | 2005        | Matheo Jaquemoud   | M   | FRA           |
| Gran Jorasses**                           | Courmayeur          | Italy          | 4208m           |                 | 2210m              |                    |            | 4h03'26"           | 1993        | Alfredo Mammoliti  | M   | ITA           |
| Pizzo Bernina*                            | Sondrio             | Italy          | 4059m           | 30km            | 3743m              | 8h00'00"           |            | 13h14'56"          | 2008        | Enrico Benedetti   | M   | ITA           |
| Pizzo Bernina*                            | Sondrio             | Italy          | 4059m           | 30km            | 3743m              | 5h04'00"           |            |                    | 2021        | Michele Boscacci   | M   | ITA           |
| Gran Paradiso **                          | Pont                | Italy          | 4061m           | 16 km           | 2100m              | 1h43'22"           | 1219       | 2h'21'32"          | 1995        | Ettore Champretavy | M   | ITA           |
| Gran Paradiso **                          | Pont                | Italy          | 4061m           | 16 km           | 2100m              | 1h29'23"           | 1410       | 2h'02'32"          | 2020        | Nadir Maguet       | M   | ITA           |
| Gran Paradiso **                          | Pont                | Italy          | 4061m           | 16 km           | 2100m              | 2h40'14"           | 786        | 3h26'45"           | 2020        | Fernanda Maciel    | F   | BRA           |
| Gran Paradiso **                          | Pont                | Italy          | 4061m           | 8.5 km          | 2100m              | 2h28'37"           | 795        |                    | 2022        | Patricia Neuhauser | F   | GER           |
| Matterhorn **                             | Cervinia            | Italy          | 4478m           | 12 km           | 2478m              |                    |            | 4h16'26"           | 1990        | Valerio Bertoglio  | M   | ITA           |
| Matterhorn **                             | Cervinia            | Italy          | 4478m           | 12 km           | 2478m              | 2h10'00"           | 1144       | 3h14'44"           | 1995        | Brunod Brunod      | M   | ITA           |
| Matterhorn **                             | Cervinia            | Italy          | 4478m           | 12 km           | 2478m              | 1h56'15"           | 1279       | 2h52'02"           | 2013        | Kilian Jornet      | M   | ESP           |
| Matterhorn *                              | Cervinia            | Italy          | 4478m           | 12 km           | 2478m              |                    |            | 5h52'00"           | 2013        | Emelie Forberg     | F   | SWE           |
| Matterhorn North *                        | Hornli Hutte        | Switzerland    | 4478m           | 3km             | 1300m              | 1h56'              | 672        |                    | 2009        | Ueli Steck         | M   | AUS           |
| Matterhorn North *                        | Hornli Hutte        | Switzerland    | 4478m           | 3km             | 1300m              | 1h46'              | 736        |                    | 2015        | Dani Arnold        | M   | SUI           |
| Matterhorn North *                        | Zermatt             | Switzerland    | 4478m           | 15km            | 2870m              |                    |            | 3h59'52"           | 2018        | Andreas Steindel   | M   | SUI           |
| Mont Blanc **                             | Chamonix            | France         | 4810m           | 30 km           | 3800m              |                    |            | 5h29'30"           | 1988        | Laurent Smagghe    | M   | FRA           |
| Mont Blanc **                             | Chamonix            | France         | 4810m           | 30 km           | 3800m              | 3h38'00"           | 1046       | 5h10'14"           | 1990        | Pierre-André Gobet | M   | SUI           |
| Mont Blanc *                              | Chamonix            | France         | 4810m           | 30 km           | 3800m              | 3h33'00"           | 1070       | 4h57'34"           | 2013        | Kilian Jornet      | M   | ESP           |
| Mont Blanc **                             | Chamonix            | France         | 4810m           | 30 km           | 3800m              |                    |            | 8h10'00"           | 2013        | Emelie Forsberg    | F   | SWE           |
| Mont Blanc - Run + Ski *                  | Chamonix            | France         | 4810m           | 30 km           | 3800m              |                    |            | 5h05'00"           | 2013        | Matheo Jaquemoud   | M   | FRA           |
| Mont Blanc - Run + Ski *                  | Chamonix            | France         | 4810m           | 30 km           | 3800m              | 4h07'00"           | 923        | 5h12'00"           | 2003        | S Brosse/P Gignoux | M/M | FRA           |
| Mont Blanc *                              | Courmayeur          | Italy          | 4810m           | 52 km           | 3800m              | 6h55'              | 549        | 12h23'             | 1990        | Fornoni/Giacometti | M/M | ITA           |
| Mont Blanc *                              | Courmayeur          | Italy          | 4810m           | 52 km           | 3800m              | 4h28'36"           | 849        | 6h45'24"           | 1995        | Fabio Meraldi      | M   | ITA           |
| Mont Blanc *                              | Courmayeur          | Italy          | 4810m           | 52 km           | 3800m              | 4h13'00"           | 902        | 6h43'52"           | 2015        | Marco De Gasperi   | M   | ITA           |
| Mont Blanc *                              | Courmayeur          | Italy          | 4810m           | 52 km           | 3800m              | 4h16'00"           | 892        | 6h35'32"           | 2021        | Manuel Merillas    | M   | ESP           |
| Monte Rosa *                              | Alagna              | Italy          | 4559m           | 35 km           | 3400m              | 3h53'00"           | 876        | 6h07'              | 1989        | Marino Giacometti  | M   | ITA           |
| Monte Rosa *                              | Alagna              | Italy          | 4559m           | 35 km           | 3400m              | 3h10'00"           | 1074       | 4h20'34"           | 2018        | Marco De Gasperi   | M   | ITA           |
| Monte Rosa *                              | Gressoney           | Italy          | 4559m           | 31 km           | 2800m              | 4h                 | 700        | 5h29'33"           | 1988        | Valerio Bertoglio  | M   | ITA           |
| Monte Rosa **                             | Gressoney           | Italy          | 4559m           | 31 km           | 2800m              | 3h05'00"           | 908        | 4h45'00"           | 1997        | Bruno Brunod       | M   | ITA           |
| Monte Rosa *                              | Gressoney           | Italy          | 4559m           | 31 km           | 2800m              | 3h09'00"           | 889        | 4h30'45"           | 2020        | Franco Collé       | M   | ITA           |
| Monte Rosa *                              | Gressoney           | Italy          | 4559m           | 31 km           | 2800m              | 2h46'00"           | 1001       | 3h59'18"           | 2021        | Manuel Merillas    | M   | ESP           |
| <b>SKYBIKE RECORDS 0 &gt; over 4000m</b>  | <b>LOCATION</b>     | <b>COUNTRY</b> | <b>ALTITUDE</b> | <b>DISTANCE</b> | <b>TOTAL CLIMB</b> | <b>ASCENT TIME</b> | <b>m/h</b> | <b>RETOUR TIME</b> | <b>YEAR</b> | <b>HOLDER</b>      |     | <b>NATION</b> |
| Monte Rosa - SkyBike * Solo               | Genoa via Alagna    | Italy          | 4559m           | 248 km          | 5050m              | 16h30'             | 306        | 9h50'+30'+6h10'    | 1992        | Marino Giacometti  | M   | ITA           |
| Monte Rosa - SkyBike *                    | Genoa via Alagna    | Italy          | 4559m           | 246 km          | 5050m              | 14h18'             | 354        | 7h40'+20'+6h18'    | 2020        | Nico Valsesia      | M   | ITA           |
| Monte Rosa - SkyBike (with HR monitor)*   | Genoa via Alagna    | Italy          | 4559m           | 245 km          | 5050m              | 13h35'             | 372        | 6h44'+15'+6h36'    | 2021        | Francesco Surace   | M   | ITA           |
| Monte Rosa - SkyBike *                    | Genoa via Alagna    | Italy          | 4559m           | 245 km          | 5100m              | 11h48'             | 427        | 6h20'+10'+5h18'    | 2021        | Marcello Ugazio    | M   | ITA           |
| Monte Rosa - SkyBike & Ski *              | Genoa via Gressoney | Italy          | 4559m           | 238 km          | 4980m              | 12h19'             | 420        |                    | 2023        | Marcello Ugazio    | M   | ITA           |
| Monte Rosa - SkyBike & Ski *              | Genoa via Gressoney | Italy          | 4559m           | 238 km          | 4980m              | 14h31'             | 343        |                    | 2018        | Nico Valsesia      | M   | ITA           |
| Monte Rosa - SkyBike (with HR monitor)*   | Genoa via Gressoney | Italy          | 4559m           | 238 km          | 4980m              | 13h46'             | 362        | 8h11'+3'+5h32'     | 2020        | Davide Talarico    | M   | ITA           |
| Monte Rosa - SkyBike (with HR monitor)*   | Genoa via Gressoney | Italy          | 4559m           | 238 km          | 4980m              | 13h02'             | 370        | 7h43'+18'+5h01'    | 2020        | Francesco Sturace  | M   | ITA           |
| Mont Blanc - SkyBike (with HR monitor)*   | Genoa               | Italy          | 4810m           | 320 km          | 5200m              | 23h00'             | 226        | HR 20h 47'23"      | 1997        | Marino Giacometti  | M   | ITA           |
| Mont Blanc - SkyBike *                    | Genoa               | Italy          | 4810m           | 320 km          | 5200m              | 18h58'             | 274        |                    | 2008        | Andrea Daprai      | M   | ITA           |
| Mont Blanc - SkyBike *                    | Genoa               | Italy          | 4810m           | 320 km          | 5200m              | 16h36'             | 313        |                    | 2013        | Nico Valsesia      | M   | ITA           |

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|---|----------------------|-----------------|-----------------|-----------------|--------------------|--------------------|---------------|--------------------|-------------|---------------------------|---|---------------|
| Kilimanjaro SkyBike *                     | Tanga, Oceano Indian | Tanzania        | 5962m           | 410 km          | 8206m              | 26h54'             | 305           |                    | 2017        | Nico Valsesia             | M | ITA           |
| Mt Elbrus - SkyBike *                     | Mar Nero, Turchia    | Russia          | 5642m           | 524 km          | 5680m              | 31h55'             | 178           |                    | 2016        | Nico Valsesia             | M | ITA           |
| Aconcagua SkyBike & Ultra *               | Vina del Mar         | Chile/Argentina | 6962m           | 223 km          | 8159m              | 22h41'             |               |                    | 2014        | Nico Valsesia             | M | ITA           |
| <b>SKYRUNNING RECORDS - 4,000m WORLD</b>  | <b>LOCATION</b>      | <b>COUNTRY</b>  | <b>ALTITUDE</b> | <b>DISTANCE</b> | <b>TOTAL CLIMB</b> | <b>ASCENT TIME</b> | <b>m/h</b>    | <b>RETOUR TIME</b> | <b>YEAR</b> | <b>HOLDER</b>             |   | <b>NATION</b> |
| Popocatepetl *                            | Paso Cortes          | Mexico          | 5441m           | 20 km           | 1800m              |                    |               | 3h30'00"           | 1990        | Victor Pani               | M | MEX           |
| Kilimanjaro *                             | Marangu              | Tanzania        | 5962m           | 52 km           | 4000m              | 5h38'00"           | 710           | 8h34'52"           | 2001        | Bruno Brunod              | M | ITA           |
| Kilimanjaro *                             | Marangu              | Tanzania        | 5962m           | 52 km           | 4000m              | 5h24'00"           | 741           | 9h38'00"           | 2009        | Andrey Puchinin           | M | RUS           |
| Kilimanjaro *                             | Marangu              | Tanzania        | 5962m           | 52 km           | 4000m              | 5h23'50"           | 743           | 7h14'00"           | 2010        | Kilian Jornet             | M | ESP           |
| Kilimanjaro *                             | Marangu              | Tanzania        | 5962m           | 52 km           | 4000m              | 4h56'00"           | 811           | <b>6h56'24"</b>    | 2013        | Karl Egloff               | M | ECU           |
| Kilimanjaro *                             | Marangu              | Tanzania        | 5962m           | 41 km           | 4200m              | 7h08'51"           | 588           | 10h06'             | 2017        | Fernanda Maciel           | F | BRA           |
| Kilimanjaro *                             | Mweka                | Tanzania        | 5962m           | 21 km           | 4260m              | 6h52'54"           | 619           |                    | 2018        | Kristina Schou Madsen     | F | DEN           |
| World's Highest Vertical Kilometer® ***   | Barafu camp, 4795m   | Tanzania        | 5962m           | 3.5 km          | 1000m              | 1h17'20"           |               |                    | 2022        | Roberto Delorenzi         | M | SUI           |
| World's Highest Vertical Kilometer® ***   | Barafu camp, 4795m   | Tanzania        | 5962m           | 3.5 km          | 1000m              | 2h03'12"           |               |                    | 2022        | Sandi Menchi Abahan       | F | PHI           |
| World's Highest Marathon ***              | Barafu camp, 4795m   | Tanzania        | 5962m           | 42 km           | 1836m              | 1h17'20"           |               | 7h35'46"           | 2022        | Roberto Delorenzi         | M | SUI           |
| World's Highest Marathon ***              | Barafu camp, 4795m   | Tanzania        | 5962m           | 42 km           | 1836m              | 2h03'12"           |               | 9h00'50"           | 2022        | Sandi Menchi Abahan       | F | PHI           |
| World's Highest Ultra Marathon ***        | Barafu camp, 4795m   | Tanzania        | 5962m           | 54 km           | 1836m              | 1h17'20"           |               | 8h52'31"           | 2022        | Roberto Delorenzi         | M | SUI           |
| World's Highest Ultra Marathon ***        | Barafu camp, 4795m   | Tanzania        | 5962m           | 54 km           | 1836m              | 2h03'12"           |               | 11h03'22"          | 2022        | Sandi Menchi Abahan       | F | PHI           |
| Grand Teton *                             | N. Park Lupine       | USA             | 4197m           | 20 km           | 2300m              | 2h54'01"           | 793           |                    | 2012        | Kilian Jornet             | M | ESP           |
| Grand Teton *                             | N. Park Lupine       | USA             | 4197m           | 20 km           | 2300m              | 3h51'00"           | 597           |                    | 2012        | Emelie Forsberg           | F | SWE           |
| Grand Teton *                             | Wyoming              | USA             | 4199m           | nd              |                    |                    |               | 2h53'02"           | 2012        | Andy Anderson             | M | USA           |
| Grand Teton *                             | Wyoming              | USA             | 4199m           | nd              |                    |                    |               | 3h51'00"           | 2012        | Emelie Forsberg           | F | SWE           |
| Mexico High SkyMarahon *                  | Ref. Piedra Grande   | Mexico          | 5636m           | 42 km           | 2636m              | 4h14'00"           | 628           | 9h50'00"           | 2022        | German Silva              | M | MEX           |
| Mount Rainer *                            | Washington           | USA             | 4392m           | nd              |                    | 3h20'00"           |               | 4h40'59"           | 2012        | Willie Benegas            | M | USA           |
| Mount Rainer *                            | Washington           | USA             | 4392m           | nd              |                    | 3h15'39"           |               | 3h57'55"           | 2013        | Andy & Jason Dorias       | M | USA           |
| Longs Peak *                              | Colorado             | USA             | 4346m           | nd              |                    | 1h14'08"           |               | 1h56'48"           | 2012        | Andy Anderson             | M | USA           |
| Mount Whitney *                           | California           | USA             | 4418m           | nb              |                    | 1h56'54"           |               | 3h06'39"           | 2012        | Brett Maune               | M | USA           |
| Mount Vinson*                             | Antarctica           | Antarctica      | 4892m           | 35km            | 3044m              | 6h40'16"           | 460           | 9h41'38"           | 2023        | Fernanda Maciel           | F | BRA           |
| Mt Elbrus East Peak ***                   | Caucasus             | Russia          | 5621m           | 14,5 km         | 3265m              | 3h08'22"           |               |                    | 2022        | Evgeny Markov             | M | RUS           |
| Mt Elbrus Race ***                        | Caucasus             | Russia          | 5642m           | 14 km           | 3330m              | 3h10'12"           | 1050          | 4h10'18"           | 2020        | Vitaly Shkel              | M | RUS           |
| Mt Elbrus Race ***                        | Caucasus             | Russia          | 5642m           | 14 km           | 3330m              | 4h30'00"           | 740           |                    | 2017        | Diana Zelenova            | F | RUS           |
| Mt Elbrus **                              | Caucasus             | Russia          | 5642m           | 14 km           | 3330m              | 3h13'14"           | 1034          |                    | 2020        | Evgeny Markov             | M | RUS           |
| Mt Elbrus **                              | Caucasus             | Russia          | 5642m           | 14 km           | 3330m              | 4h49'00"           | 691           | 6h25'23"           | 2015        | Oksana Stefanishina       | F | RUS           |
| Mt Kasbek *                               | Caucasus             | Russia          | 5047m           | 17 km           | 2521m              | 4h00'26"           | 629           | 6h43'13"           | 2020        | Vitaly Shkel              | M | RUS           |
| Mt Kasbek **                              | Caucasus             | Russia          | 5047m           | 17 km           | 2521m              | 3h51'34"           | 653           |                    | 2022        | Evgeny Markov             | M | RUS           |
| <b>MOUNTAINEERING RECORDS OVER 6,000m</b> | <b>LOCATION</b>      | <b>COUNTRY</b>  | <b>ALTITUDE</b> | <b>DISTANCE</b> | <b>TOTAL CLIMB</b> | <b>ASCENT TIME</b> | <b>m/h</b>    | <b>RETOUR TIME</b> | <b>YEAR</b> | <b>HOLDER</b>             |   | <b>NATION</b> |
| Aconcagua **                              | Plaza Mulas          | Argentina       | 6962m           | 19 km           | 2600m              | 3h40'20"           | 708           | <b>4h52'14"</b>    | 2000        | Brunod/Meraldi/Pellissier | M | ITA           |
| Aconcagua *                               | Plaza Mulas 4360m    | Argentina       | 6962m           | 20 km           | 2600m              | 4h36'30"           | 564           | 5h57'14"           | 1992        | GM Haute Montagne         | M | FRA           |
| Aconcagua *                               | Plaza Mulas          | Argentina       | 6962m           | 9,5 km          | 2600m              | <b>3h38'18"</b>    | 715           |                    | 2020        | Martin Zhor               | M | CZE           |
| Aconcagua *                               | Horcones             | Argentina       | 6962m           | 60 km           | 4100m              |                    |               | 12h49'             | 2014        | Kilian Jornet             | M | ESP           |
| Aconcagua *                               | Horcones             | Argentina       | 6962m           | 60 km           | 4100m              |                    |               | 11h52'             | 2014        | Karl Egloff               | M | ECU           |
| Aconcagua *                               | Plaza Mulas          | Argentina       | 6962m           | 60 km           | 4100m              | 9h50'00"           | <b>417,09</b> | 14h22'             | 2016        | Fernanda Maciel           | F | BRA           |
| Aconcagua *                               | Entrance Park        | Argentina       | 6962m           | 63 km           | 4600m              | 14h53'00"          |               | 22h52'             | 2016        | Fernanda Maciel           | F | BRA           |
| Kahan Tengri *                            | Kazakistan           | Russia          | 7010m           | nb              | 4200m              | 7h40'              | 548           | 12h22'             | 2011        | Denis Urubko              | M | RUS           |
| Lenin Peak *                              | Pamir                | Russia          | 7137m           | nd              | 4400m              |                    | 862,74        | 5h06'              | 2014        | Vitaly Shkel              | M | RUS           |
| Lenin Peak *                              | Pamir                | Russia          | 7137m           | nd              | 4400m              |                    | 586,66        | 7h30'              | 2014        | Anna Oglolina             | F | KAZ           |
| McKinley - Denali *                       | Alaska               | Alaska          | 6194m           | 53 km           | 4700m              | 9h43'00"           | 484           | 11h49'             | 2014        | Kilian Jornet             | M | ESP           |
| Pumori *                                  | Lobuche              | Nepal           | 7145m           | nd              | 1788m              | 7h45'              | 231           | 17h                | 1987        | Marc Batard               | M | ITA           |
| Pumori *                                  | Lobuche              | Nepal           | 7145m           | nd              | 1938m              | 9h                 | 215           | 14h                | 1989        | Marino Giacometti         | M | ITA           |
| Muztagh Ata *                             | Pamir                | China           | 7546m           | nd              | 3100m              | 9h25'00"           | 329           |                    | 2005        | B Bohom /Sebastian Haag   | M | GER           |
| <b>MOUNTAINEERING RECORDS OVER 8,000m</b> | <b>LOCATION</b>      | <b>COUNTRY</b>  | <b>ALTITUDE</b> | <b>DISTANCE</b> | <b>TOTAL CLIMB</b> | <b>ASCENT TIME</b> | <b>m/h</b>    | <b>RETOUR TIME</b> | <b>YEAR</b> | <b>HOLDER</b>             |   | <b>NATION</b> |
| Shisha Pangma N **                        | Tibet                | China           | 8013m           |                 | 2600m              | 12h01'             | 216           | 15h                | 1995        | Pep Olle/Fabio Meraldi    | M | ESP/ITA       |
| Shisha Pangma S *                         | Tibet                | China           | 8013m           |                 | 2600m              | <b>10h30'</b>      | 248           |                    | 2011        | Ueli Steck                | M | SUI           |
| Gasherbrum II *                           | Baltoro              | Pakistan        | 8035m           |                 | 2230m              | 7h30'              | <b>297,00</b> | 17h                | 2006        | Denis Urubko              | M | RUS           |
| Broad Peak *                              | Baltoro              | Pakistan        | 8047m           |                 | 3100m              | 15h40'             | 198           | 22h                | 1984        | Krzysztof Wielicki        | M | POL           |

|   |                 |                |                 |                 |                    |             |            |             |               |                    |               |     |
|---|-----------------|----------------|-----------------|-----------------|--------------------|-------------|------------|-------------|---------------|--------------------|---------------|-----|
| Broad Peak *                                | Baltoro         | Pakistan       | 8047m           |                 | 3153m              | 16h         | 197        | 22h         | 1986          | Benoit Chamoux     | M             | FRA |
| Annapurna *                                 | South           | Nepal          | 8091m           |                 | 2341m              | 17h         | 138        | 28h         | 2013          | Ueli Steck         | M             | AUS |
| Nanga Parbat *                              | Diamir          | Pakistan       | 8125m           |                 | 3825m              | 23h         | 166,00     |             | 1987          | Benoit Chamoux     | M             | FRA |
| Nanga Parbat *                              | Diamir          | Pakistan       | 8125m           |                 | 3100m              |             |            | 48h         | 1996          | Krzysztof Wielicki | M             | POL |
| Manaslu *                                   | Advanced camp   | Nepal          | 8163m           |                 | 3400m              | 14h05'      | 170        | 21h14'      | 2013          | Andrzej Bargiel    | M             | POL |
| Dhaulagiri*                                 | Normal route    | Nepal          | 8167m           |                 | 3567m              | 17h         | 210        |             | 1995          | Anatoly Bukreev    | M             | RUS |
| Cho Oyo *                                   | Tibet           | China          | 8201m           |                 | 2550m              | 18h45'      | 136        |             | 1994          | Carlos Carsolio    | M             | ESP |
| Cho Oyo *                                   | Tibet           | China          | 8201m           |                 | 2788m              | 11h16'      | 247        |             | 1996          | Russel Brice       | M             | NZL |
| Makalu                                      | Normal route    | Nepal          | 8485m           |                 | 2685M              | 13H45'      | 195        |             | 1988          | Marc Batard        | M             | FRA |
| K2 *  | Baltoro         | Pakistan       | 8611m           |                 | 3311m              | 23h         | 144        |             | 1986          | Benoit Chamoux     | M             | FRA |
| K2 *  | Baltoro         | Pakistan       | 8611m           |                 | 2622m              | 17h30'      | 150        |             | 1986          | Tomo Csesen        | M             | SLO |
| Lhotse *                                    | Khumbu          | Nepal          | 8516m           |                 | 3166m              | 30h         | 106        |             | 1994          | Benoit Chamoux     | M             | FRA |
| Lhotse *                                    | Khumbu          | Nepal          | 8516m           |                 | 3166m              | 21h16'      | 149        |             | 1996          | Anatoly Bukreev    | M             | RUS |
| Mount Everest *                             | Khumbu          | Nepal          | 8878m           |                 | 3500m              | 22h30'      | 156        |             | 1990          | Marc Batard        | M             | FRA |
| Mount Everest /O2 *                         | Khumbu          | Nepal          | 8878m           |                 | 3500m              | 20h24'      | 172        |             | 1998          | Kaji Sherpa        | M             | NEP |
| Mount Everest *                             | Advanced camp   | China          | 8878m           |                 | 2450m              | 16h35'      | 148        |             | 1996          | Hans Kammerlander  | M             | ITA |
| Mount Everest *                             | Advanced camp   | China          | 8878m           |                 | 2400m              | 16h42'      | 144        | 22h42'      | 2006          | Christian Stangl   | M             | GER |
| Mount Everest *                             | Advanced camp   | China          | 8878m           |                 | 2478m              | 17h         | 146        |             | 2017          | Kilian Jornet      | M             | ESP |
| Mount Everest *                             | Rongbuk         | China          | 8878m           |                 | 3800m              | 26h         | 146        | 38h         | 2017          | Kilian Jornet      | M             | ESP |
| <b>ASCENT RECORDS - SPEED &amp; INDOOR</b>  | <b>LOCATION</b> | <b>COUNTRY</b> | <b>ALTITUDE</b> | <b>DISTANCE</b> | <b>TOTAL CLIMB</b> | <b>TIME</b> | <b>m/h</b> | <b>YEAR</b> | <b>HOLDER</b> | <b>M/F</b>         | <b>NATION</b> |     |
| SkySpeed ***                                | Canazei         | Italy          | 1600m           | 200m            | 100m               | 2'29"       | 2416       |             | 2008          | Tofol Castanyer    | M             | ESP |
| Vertical Sprint ***                         | Milan           | Italy          | 0               | 300m            | 121m               | 3'30"       | 2074       |             | 2007          | Thomas Dold        | M             | GER |
| Empire State Building Run-Up ***            | New York        | USA            | 0               | 800m            | 381m               | 9'33"       | 2393       |             | 2003          | Paul Crake         | M             | AUS |
| Empire State Building Run-Up ***            | New York        | USA            | 0               | 800m            | 381m               | 11'23"      | 2008       |             | 2006          | Andrea Mayr        | F             | AUT |
| Tapei 101 Run-Up ***                        | Taipei          | China          | 0               | 800m            | 395m               | 10'29"      | 2260       |             | 2004          | Paul Crake         | M             | AUS |
| Tapei 101 Run-Up ***                        | Taipei          | China          | 0               | 800m            | 395m               | 12'38"      | 1876       |             | 2005          | Andrea Mayr        | F             | AUT |
| Lotte World Tower International Sky Run *** | Seoul           | South Korea    | 0               | 1150m           | 555m               | 15'44"      | 2116       |             | 2017          | Mark Bourne        | M             | AUS |
| Lotte World Tower International Sky Run *** | Seoul           | South Korea    | 0               | 1150m           | 555m               | 18'45"      | 1776       |             | 2018          | Suzu Walsham       | F             | AUS |

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