

ASCENT RECORDS - SPEED & INDOOR	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	TIME	METRES/HR	YEAR	HOLDER	NATION	
SkySpeed ***	Canazei	Italy	1600m	200m	100m	2'29"	2416	2008	Tofol Castanyer	ESP	
Empire State Building Run-Up ***	New York	USA	0	800m	381m	9'33"	2109	2004	Paul Crake	AUS	
Tapei 101 Run-Up ***	Taipei	China	0	800m	395m	10'29"	2260	2004	Paul Crake	AUS	
Vertical Sprint ****	Milan	Italy	0	300m	121m	3'30"	2318	2007	Thomas Dold	GER	
ASCENT RECORDS - 1,000/3,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	TIME	METRES/HR	YEAR	HOLDER	NATION	
Cervino Vertical Kilometer ***	Breuil-Cervinia	Italy	3000m	3.5km	1000m	40'44"	1478	1994	Ettore Champretavy	ITA	
Cervino Vertical Kilometer ***	Breuil-Cervinia	Italy	3000m	3.5km	1000m	38'30"	1558	2000	Matt Carpenter	USA	
Vertical Kilometer® M/3000m ***	Val d'Isère	France	2900m	3km	1000m	33'34"	1787	2016	Xavier Gachet	ITA	
Vertical Kilometer® F/3000m ***	Val d'Isère	France	2900m	3km	1000m	38'11"	1572	2016	Christel Dewalle	FRA	
Vertical Kilometer® M/2000m ***	Canazei	Italy	2407m	2.1 km	1000m	31'34"	1905	2016	Philip Goetsch	ITA	
Vertical Kilometer® F/2000m ***	Canazei	Italy	2407m	2.1 km	1000m	38'14"	1570	2014	Laura Orguè	ESP	
Vertical Kilometer® M/1000m ***	Fully	Switzerland	1500m	1.9 km	1000m	29'42"	2020	2014	Urban Zemmer	ITA	
Vertical Kilometer® F/1000m ***	Fully	Switzerland	1500m	1.9 km	1000m	34'44"	1727	2014	Christel Dewalle	FRA	
Triple Vertical Kilometer ***	Susa K3	Italy	3538m	9.7 km	3030m	1h58'53"	1527	2017	MartinAnthamatten	SUI	
Triple Vertical Kilometer ***	Susa K3	Italy	3358m	9.7 km	3030m	2h22'38"	1275	2014	Laura Orguè	ESP	
24 HOUR ASCENT RECORDS	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	TIME	METRES/HR	YEAR	HOLDER	NATION	
24-Hour Ascent- SkyRace® ***	Val d'Isère	France	1800/2500		17575m	23h55'	735	2001	Adriano Greco	ITA	
24-Hour Hour Ascent - individual *	Passo Tonale	Italy	1800/2500		17675m	23h33'	749	2009	Andrea Daprai	ITA	
24-Hour Hour Ascent - individual *	Mezzacorona TN	Italy	200/800		20320m	23h51'	846	2016	Jimmy Pellegrini	ITA	
ALTITUDE RECORDS - 4,000/5,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	TIME	KM/HR	YEAR	HOLDER	NATION	
Everest SkyMarathon® ***	Tingri	Tibet	4373m	42 km	150m	2h52'57"	15km/h	1998	Matt Carpenter	USA	
Everest SkyMarathon® ***	Tingri	Tibet	4373m	42 km	150m	3h55'19"	10,8 km/h	1996	Danelle Ballangee	USA	
Everest Top SkyMarathon® **	Tengu La	Tibet	5200m	42 km	50m	3h22'25"	12,5 km/h	1998	Matt Carpenter	USA	
SKYRUNNING RACES - 4,000/5,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	ASCENT TIME	METRES/HR	RETOUR TIME	YEAR	HOLDER	NATION
Pikes Peak Marathon® ***	Manitou Springs	USA	4301m	42 km	2200m	2h01'06"	1018	3h16'39"	1993	Matt Carpenter	USA
Pikes Peak Marathon® **	Manitou Springs	USA	4301m	42 km	2200m			4h15'18"	1981	Lynn Bjorklund	USA
Aspen-Castle Peak SkyMarathon® *	Aspen	USA	4037m	42 km	2000m	1h50'00"	1092	3h23'10"	1994	Matt Carpenter	USA
Monte Rosa SkyMarathon® ***	Alagna	Italy	4559m	29 km	3400m	3h14'00"	1052	4h24'27"	1994	Fabio Meraldi	ITA
Monte Rosa SkyMarathon® ***	Alagna	Italy	4559m	29 km	3400m	4h00'18"	850	5h34'40"	1994	Gisella Bendotti	ITA
Mont Blanc Ultra SkyMarathon® **	Courmayeur	Italy	4810m	52 km	3800m	4h39'58"	834	7h06'31"	1993	Adriano Greco	ITA
Mont Blanc Ultra SkyMarathon® **	Courmayeur	Italy	4810m	52 km	3800m	6h	633		1994	Gisella Bendotti	ITA
Mt Kenya SkyMarathon® **	Sirimon Gate	Kenya	4985m	42 km	2440m	3h29'00"	701	5h03'22"	1995	Fabio Meraldi	ITA
Breithorn SkyMarathon® ***	Cervinia	Italy	4165m	27 km	2160m	1h48'18"	1200	2h26'14"	1996	Jean Pellissier	ITA
Mt Elbert SkyMarathon® *	Independence Pass	USA	4399m	20 km	1500m			1h54'48"	1996	Bruno Brunod	ITA
Mexico Iztacchuatl SkyMarathon® ***	Paso Cortes	Mexico	5210m	33 km	1550m	1h55'00"	1160	2h50'44"	1998	Ricardo Mejia	MEX
Mt Kinabalu Climbathon ***	Sabah	Malaysia	4095m	17.8 km	2205m	1h35'29"	1392	2h33'56"	2010	Marco De Gasperi	ITA
SKYRUNNING RECORDS - 4,000m - ALPS	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	ASCENT TIME	METRES/HR	RETOUR TIME	YEAR	HOLDER	NATION
Dôme de Neige *	Ailefroide	France	4015m	10 km	2500m	2h01'00"	1250		1999	Jean Pellissier	ITA
Dôme de Neige *	Ailefroide	France	4015m	16 km	2500m	2h00'47"	1250	2h30'57"	2005	Kilian Jornet	ESP
Dôme de Neige *	Ailefroide	France	4015m	16 km	2500m	1h57'55"	1275		2005	Matheo Jaquemoud	FRA
Gran Paradiso **	Pont	Italy	4061m	16 km	2100m	1h43'22"	1235	2h'01'36"	1995	Ettore Champretavy	ITA

Matterhorn **	Cervinia	Italy	4478m	12 km	2478m			4h16'26"	1990	Valerio Bertoglio	ITA
Matterhorn **	Cervinia	Italy	4478m	12 km	2478m	2h10'00"	1147	3h14'44"	1995	Brunod Brunod	ITA
Matterhorn **	Cervinia	Italy	4478m	12 km	2478m	1h56'15"	1281	2h52'02"	2013	Kilian Jornet	ESP
Matterhorn *	Cervinia	Italy	4478m	12 km	2478m			5h52'00"	2013	Emelie Forsberg	SWE
Matterhorn North *	Hornli Hutte	Switzerland	4478m	3km	1300m	1h56'	690		2009	Ueli Steck	AUS
Matterhorn North *	Hornli Hutte	Switzerland	4478m	3km	1300m	1h46'	738		2015	Dani Arnold	SUI
Mont Blanc **	Chamonix	France	4810m	30 km	3800m			5h29'30"	1988	Laurent Smagghe	FRA
Mont Blanc **	Chamonix	France	4810m	30 km	3800m	3h38'00"	1046	5h10'14"	1990	Pierre-André Gobet	SUI
Mont Blanc *	Chamonix	France	4810m	30 km	3800m	3h33'00"	1070	4h57'34"	2013	Kilian Jornet	ESP
Mont Blanc **	Chamonix	France	4810m	30 km	3800m			8h10'00"	2013	Emelie Forsberg	SWE
Mont Blanc - Run + Ski *	Chamonix	France	4810m	30 km	3800m			5h05'00"	2013	Matheo Jaquemoud	FRA
Mont Blanc - Run + Ski *	Chamonix	France	4810m	30 km	3800m	4h7'00"		5h12'00"	2003	S Brosse/P Gignoux	FRA
Mont Blanc*	Courmayeur	Italy	4810m	52 km	3800m	6h55'	551	12h23'	1990	Fornoni/Giacometti	ITA
Mont Blanc*	Courmayeur	Italy	4810m	52 km	3800m	4h28'36"	846	6h45'24"	1995	Fabio Meraldi	ITA
Mont Blanc*	Courmayeur	Italy	4810m	52 km	3800m	4h13'00"	902	6h43'52"	2015	Marco De Gasperi	ITA
Monte Rosa	Alagna	Italy	4559m	29 km	3400m	3h53'00"		6h07'	1989	Marino Giacometti	ITA
Monte Rosa SkyMarathon® ***	Alagna	Italy	4559m	29 km	3400m	3h14'00"		4h24'27"	1994	Fabio Meraldi	ITA
Monte Rosa **	Gressoney	Italy	4559m	25 km	2800m	4h		5h29'33"	1988	Valerio Bertoglio	ITA
Monte Rosa **	Gressoney	Italy	4559m	25 km	2800m	3h05'00"		4h45'00"	1997	Bruno Brunod	ITA
ULTRA PERFORMANCE - 4,000m ALPS	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	ASCENT TIME	METRES/HR	RETOUR TIME	YEAR	HOLDER	NATION
Monte Rosa - SkyBike *	Genoa	Italy	4559m	250 km	5050m	16h30'			1994	Marino Giacometti	ITA
Mont Blanc - SkyBike - Solo *	Genoa	Italy	4810m	320 km	5200m	23h00'			1997	Marino Giacometti	ITA
Mont Blanc - SkyBike *	Genoa	Italy	4810m	320 km	5200m	18h58'			2008	Andrea Daprai	ITA
Mont Blanc - SkyBike *	Genoa	Italy	4810m	320 km	5200m	16h36'			2013	Nico Valsesia	ITA
SKYRUNNING RECORDS - 4,000m WORLD	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	ASCENT TIME	METRES/HR	RETOUR TIME	YEAR	HOLDER	NATION
Popocateptl *	Paso Cortes	Mexico	5441m	20 km	1800m			3h30'00"	1990	Victor Pani	MEX
Kilimanjaro *	Marangu	Tanzania	5962m	52 km	4000m	5h38'00"	710	8h34'52"	2001	Bruno Brunod	ITA
Kilimanjaro *	Marangu	Tanzania	5962m	52 km	4000m	5h24'00"	740	9h38'00"	2009	Andrey Puchinin	RUS
Kilimanjaro *	Marangu	Tanzania	5962m	52 km	4000m	5h23'50"	740	7h14'00"	2010	Kilian Jornet	ESP
Kilimanjaro *	Marangu	Tanzania	5962m	52 km	4000m	4h56'00"	811	6h56'24"	2013	Karl Egloff	EQU
Kilimanjaro *	Marangu	Tanzania	5962m	41 km	4200m	7h08'51"	587	10h06'	2017	Fernanda Maciel	BRA
Kilimanjaro SkyBike*	From the sea	Tanzania	5962m	410 km	8206m	26h54'			2017	Nico Valsesia	ITA
Grand Teton *	N. Park Lupine	USA	4197m	20 km	2300m	2h54'01"	793		2012	Kilian Jornet	ESP
Grand Teton *	N. Park Lupine	USA	4197m	20 km	2300m	3h51'00"	592		2012	Emelie Forsberg	SWE
Mexico Iztacihuatl*	Paso Cortes	Mexico	5210m	33 km	1550m	1h55'00"	811	2h50'44"	1998	Ricardo Mejia	USA
Mount Rainer *	Washington	USA	4392m	nd		3h20'00"		4h40'59"	2012	Willie Benegas	USA
Mount Rainer *	Washington	USA	4392m	nd		3h15'39"		3h57'55"	2013	Andy & Jason Dorias	USA
Longs Peak *	Colorado	USA	4346m	nd		1h14'08"		1h56'48"	2012	Andy Anderson	USA
Grand Teton *	Wyoming	USA	4199m	nd				2h53'02"	2012	Andy Anderson	USA
Grand Teton *	Wyoming	USA	4199m	nd				3h51'00"	2012	Emelie Forsberg	SWE
Mount Whitney *	California	USA	4418m	nb		1h56'54"		3h06'39"	2012	Brett Maune	USA
Mt Elbrus **	Caucasus	Russia	5642m	14 km	3330m	3h28'17"	954	4h39'17"	2014	Vitaly Shkalg	RUS
Mt Elbrus Race	Caucasus	Russia	5642m	14 km	3330m	3h26'14"	971	4h20'00"	2017	Karl Egloff	EQU
Mt Elbrus **	Caucasus	Russia	5642m	14 km	3330m	4h49'00"	692	6h25'23"	2015	Oksana Stefanishina	RUS
Mt Elbrus Race	Caucasus	Russia	5642m	14 km	3330m	4h30'00"	740		2017	Diana Zelenova	RUS
Mt Elbrus - SkyBike*	From the sea	Russia	5642m	524 km	5680m	31h55'00"			2016	Nico Valsesia	ITA
MOUNTAINEERING RECORDS OVER 6,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	ASCENT TIME	METRES/HR	RETOUR TIME	YEAR	HOLDER	NATION
Aconcagua *	Plaza Mulas	Argentina	6962m	nd	2800m	4h36'30"	608,66	5h57'14"	1992	GM Haute Montagne	FRA
Aconcagua **	Plaza Mulas	Argentina	6962m	nd	2800m	3h40'20"	765,00	4h52'14"	2000	Brunod/Meraldi/Pellissier	ITA
Aconcagua *	Horcones	Argentina	6962m	60 km	4100m			12h49'	2014	Kilian Jornet	ESP
Aconcagua *	Horcones	Argentina	6962m	60 km	4100m			11h52'	2014	Karl Egloff	EQU

Aconcagua *	Plaza Mulas	Argentina	6962m	60 km	4100m	9h50'00"	417,09	14h22'	2016	Fernanda Maciel	BRA
Aconcagua *	Entrance Park	Argentina	6962m	63 km	4600m	14h53'00"		22h52'	2016	Fernanda Maciel	BRA
Aconcagua Bike & Ultra *	Vina del Mar	Chile/Arg	6962m	223 km	8159m			22h41'	2014	Nico Valsesia	ITA
Kahan Tengri *	Kazakistan	Russia	7010m	nb	4200m	7h40'	366,84	12h22'	2011	Denis Urubko	RUS
Lenin Peak *	Pamir	Russia	7137m	nd	4400m		536,08	5h6'	2014	Vitaly Shkel	RUS
McKinley - Denali *	Alaska	Alaska	6194m	53 km	4700m	9h43'00"	338,18	11h49'	2014	Kilian Jornet	ESP
Pumori *	Lobuche	Nepal	7145m	nd	1788m	7h45'	230,71	17h	1987	Marc Batard	ITA
Pumori *	Lobuche	Nepal	7145m	nd	1938m	9h	215,33	14h	1989	Marino Giacometti	ITA
Muztagh Ata *	Pamir	China	7546m	nd	3100m	9h25'00"	329,44		2005	B Bohom /Sebastian Haag	GER
MOUNTAINEERING RECORDS OVER 8,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	ASCENT TIME	METRES/HR	RETOUR TIME	YEAR	HOLDER	NATION
Shisha Pangma N **	Tibet	China	8013m		2600m	12h01'	252,04	15h	1995	Bep Ollè/Fabio Meraldi	ESP/ITA
Shisha Pangma S *	Tibet	China	8013m		2600m	10h30'	183,52		2011	Ueli Steck	SUI
Gasherbrum II *	Baltoro	Pakistan	8035m		2230m	7h30'	298,00	17h	2006	Denis Urubko	RUS
Broad Peak *	Baltoro	Pakistan	8047m		3100m	15h40'	198,02	22h	1984	Krzysztof Wielicki	POL
Broad Peak *	Baltoro	Pakistan	8047m		3153m	16h	197,06	22h	1986	Benoit Chamoix	FRA
Annapurna *	South	Nepal	8091m		2341m	17h	137,71	28h	2013	Ueli Steck	AUS
Nanga Parbat *	Diamir	Pakistan	8125m		3825m	23h	166,30		1987	Benoit Chamoix	FRA
Nanga Parbat *	Diamir	Pakistan	8125m		3100m			48h	1996	Krzysztof Wielicki	POL
Manaslu *	Adv Camp	Nepal	8163m		2400m	14h05'		21h14'	2013	Andrzej Bargiel	POL
Dhaulagiri*	Normal route	Nepal	8167m		3567m	17h	209,82		1995	Anatoly Bukreev	RUS
Cho Oyo *	Tibet	China	8201m		2550m	18h45'	133,93		1994	Carlos Carsolio	ESP
Cho Oyo *	Tibet	China	8201m		2788m	11h16'	253,45		1996	Russel Brice	NZL
Makalu	Normal route	Nepal	8485M		2685M	13H45'	195,27		1988	Marc Batard	FRA
K2 *	Baltoro	Pakistan	8611m		3311m	23h	143,96		1986	Benoit Chamoix	FRA
K2 *	Baltoro	Pakistan	8611m		2622m	17h30'	154,24		1986	Tomo Csesen	SLO
Lhotse	Khumbu	Nepal	8516m		3166m	30h	105,53		1994	Benoit Chamoix	FRA
Lhotse	Khumbu	Nepal	8516m		3166m	21h16'	148,92		1996	Anatoly Bukreev	RUS
Mount Everest *	Khumbu	Nepal	8878m		3500m	22h30'	155,69		1990	Marc Batard	FRA
Mount Everest /O2*	Khumbu	Nepal	8878m		3500m	20h24'	171,57		1998	Kaji Sherpa	NEP
Mount Everest *	Camp adv	China	8878m		2450m	16h35'	147,77		1996	Hans Kammerlander	ITA
Mount Everest *	Camp adv	China	8878m		2400m	16h42'	143,71	22h42'	2006	Christian Stangl	GER
Mount Everest *	Camp adv	China	8878m		2478m	17h	145,76		2017	Kilian Jornet	ESP
Mount Everest *	Rongbuk	China	8878m		3800m	26h	146,15	38h	2017	Kilian Jornet	ESP

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