



**INTERNATIONAL
SKYRUNNING
FEDERATION**

Best Performance

Official Race Time (***)

Sanctioned Records (**)

Fastest Known Time FKT (*)

ASCENT RECORDS - SPEED & INDOOR	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
SkySpeed ***	Canazei	Italy	1600m	200m	100m	2416	2'29"	2008	Tofol Castanyer	ESP
Empire State Building Run-Up ***	New York	USA	0	800m	381m	2109	9'33"	2004	Paul Crake	AUS
Tapei 101 Run-Up ***	Taipei	China	0	800m	395m	2260	10'29"	2004	Paul Crake	AUS
Vertical Sprint ****	Milan	Italy	0	300m	121m	2318	3'30"	2007	Thomas Dold	GER
ASCENT RECORDS - 1,000/3,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
Cervino Vertical Kilometer ***	Breuil-Cervinia	Italy	3000m	3.5km	1000m	1478	40'44"	1994	Ettore Champretavy	ITA
Cervino Vertical Kilometer ***	Breuil-Cervinia	Italy	3000m	3.5km	1000m	1558	38'30"	2000	Matt Carpenter	USA
Vertical Kilometer® M/3000m ***	Val d'Isère	France	2900m	3km	1000m	1787	33'34"	2016	Xavier Gachet	ITA
Vertical Kilometer® F/3000m ***	Val d'Isère	France	2900m	3km	1000m	1572	38'11"	2016	Christel Dewalle	FRA
Vertical Kilometer® M/2000m ***	Canazei	Italy	2407m	2.1 km	1000m	1905	31'34"	2016	Philip Goetsch	ITA
Vertical Kilometer® F/2000m ***	Canazei	Italy	2407m	2.1 km	1000m	1570	38'14"	2014	Laura Orguè	ESP
Vertical Kilometer® M/1000m ***	Fully	Switzerland	1500m	1.9 km	1000m	2020	29'42"	2014	Urban Zemmer	ITA
Vertical Kilometer® F/1000m ***	Fully	Switzerland	1500m	1.9 km	1000m	1727	34'44"	2014	Christel Dewalle	FRA
24 HOUR ASCENT RECORDS	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
24-Hour Ascent- SkyRace® ***	Val d'Isère	France	1800/2500		17575m	735	23h55'	2001	Adriano Greco	ITA
24-Hour Hour Ascent - individual *	Passo Tonale	Italy	1800/2500		17675m	749	23h33'	2009	Andrea Daprai	ITA
24-Hour Hour Ascent - individual *	Mezzacorona TN	Italy	200/800		20320m	846	23h51'	2016	Jimmy Pellegrini	ITA
ALTITUDE RECORDS - 4,000/5,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
Everest SkyMarathon® ***	Tingri	Tibet	4373m	42 km	150m		2h52'57"	1998	Matt Carpenter	USA
Everest SkyMarathon® ***	Tingri	Tibet	4373m	42 km	150m		3h55'19"	1996	Danelle Ballangee	USA
Everest Top SkyMarathon® **	Tengu La	Tibet	5200m	42 km	50m		3h22'25"	1998	Matt Carpenter	USA
SKYRUNNING RACES - 4,000/5,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
Pikes Peak Marathon® ***	Manitou Springs	USA	4301m	42 km	2200m	2h01'06"	3h16'39"	1993	Matt Carpenter	USA
Pikes Peak Marathon® **	Manitou Springs	USA	4301m	42 km	2200m		4h15'18"	1981	Lynn Bjorklund	USA
Aspen-Castle Peak SkyMarathon® *	Aspen	USA	4037m	42 km	2000m	1h50'00"	3h23'10"	1994	Matt Carpenter	USA
Monte Rosa SkyMarathon® ***	Alagna	Italy	4559m	29 km	3400m	3h14'00"	4h24'27"	1994	Fabio Meraldi	ITA
Monte Rosa SkyMarathon® ***	Alagna	Italy	4559m	29 km	3400m	4h00'18"	5h34'40"	1994	Gisella Bendotti	ITA
Mont Blanc Ultra SkyMarathon® **	Courmayeur	Italy	4810m	52 km	3800m	4h39'58"	7h06'31"	1993	Adriano Greco	ITA
Mont Blanc Ultra SkyMarathon® **	Courmayeur	Italy	4810m	52 km	3800m	6h		1994	Gisella Bendotti	ITA
Mt Kenya SkyMarathon® **	Sirimon Gate	Kenya	4985m	42 km	2440m	3h29'00"	5h03'22"	1995	Fabio Meraldi	ITA
Breithorn SkyMarathon® ***	Cervinia	Italy	4165m	27 km	2160m	1h48'18"	2h26'14"	1996	Jean Pellissier	ITA
Mt Elbert SkyMarathon® *	Independence Pass	USA	4399m	20 km	1500m		1h54'48"	1996	Bruno Brunod	ITA
Mexico Iztaccihuatl SkyMarathon® ***	Paso Cortes	Mexico	5210m	33 km	1550m	1h55'00"	2h50'44"	1998	Ricardo Mejia	MEX
Mt Kinabalu Climbathon ***	Sabah	Malaysia	4095m	17.8 km	2205m	1h35'29"	2h33'56"	2010	Marco De Gasperi	ITA
SKYRUNNING RECORDS - 4,000m - ALPS	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
Dôme de Neige *	Ailefroide	France	4015m	10 km	5000m	2h01'00"		1999	Jean Pellissier	ITA

Dôme de Neige *	Ailefroide	France	4015m	16 km	2500m	2h00'47"	2h30'57"	2005	Kilian Jornet	ESP
Dôme de Neige *	Ailefroide	France	4015m	16 km	2500m	1h57'55"		2005	Matheo Jaquemoud	FRA
Gran Paradiso **	Pont	Italy	4061m	16 km	2100m	1h43'22"	2h'01'36"	1995	Ettore Champretavy	ITA
Matterhorn **	Cervinia	Italy	4478m	12 km	2478m		4h16'26"	1990	Valerio Bertoglio	ITA
Matterhorn **	Cervinia	Italy	4478m	12 km	2478m	2h10'00"	3h14'44"	1995	Brunod Brunod	ITA
Matterhorn **	Cervinia	Italy	4478m	12 km	2478m	1h56'15"	2h52'02"	2013	Kilian Jornet	ESP
Matterhorn *	Cervinia	Italy	4478m	12 km	2478m		5h52'00"	2013	Emelie Forsberg	SWE
Matterhorn North *	Hornli Hutte	Switzerland	4478m	3km	1300m	1h56'		2009	Ueli Steck	AUS
Matterhorn North *	Hornli Hutte	Switzerland	4478m	3km	1300m	1h46'		2015	Dani Arnold	SUI
Mont Blanc **	Chamonix	France	4810m	30 km	3800m		5h29'30"	1988	Laurent Smaghe	FRA
Mont Blanc **	Chamonix	France	4810m	30 km	3800m	3h38'00"	5h10'14"	1990	Pierre-André Gobet	SUI
Mont Blanc *	Chamonix	France	4810m	30 km	3800m	3h33'00"	4h57'34"	2013	Kilian Jornet	ESP
Mont Blanc **	Chamonix	France	4810m	30 km	3800m		8h10'00"	2013	Emelie Forsberg	SWE
Mont Blanc - Run + Ski *	Chamonix	France	4810m	30 km	3800m		5h05'00"	2013	Matheo Jaquemoud	FRA
Mont Blanc - Run + Ski *	Chamonix	France	4810m	30 km	3800m	4h7'00"	5h12'00"	2003	S Brosse/P Gignoux	FRA
Mont Blanc*	Courmayeur	Italy	4810m	52 km	3800m	6h55'	12h23'	1990	Fornoni/Giacometti	ITA
Mont Blanc*	Courmayeur	Italy	4810m	52 km	3800m	4h28'36"	6h45'24"	1995	Fabio Meraldi	ITA
Mont Blanc*	Courmayeur	Italy	4810m	52 km	3800m	4h13'00"	6h43'52"	2015	Marco De Gasperi	ITA
Monte Rosa	Alagna	Italy	4559m	29 km	3400m	3h53'00"	6h07'	1989	Marino Giacometti	ITA
Monte Rosa SkyMarathon® ***	Alagna	Italy	4559m	29 km	3400m	3h14'00"	4h24'27"	1994	Fabio Meraldi	ITA
Monte Rosa **	Gressoney	Italy	4559m	25 km	2800m	4h	5h29'33"	1988	Valerio Bertoglio	ITA
Monte Rosa **	Gressoney	Italy	4559m	25 km	2800m	3h05'00"	4h45'00"	1997	Bruno Brunod	ITA
ULTRA PERFORMANCE - 4,000m ALPS	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
Monte Rosa - SkyBike *	Genoa	Italy	4559m	250 km	5050m	16h30'		1994	Marino Giacometti	ITA
Mont Blanc - SkyBike - Solo *	Genoa	Italy	4810m	320 km	5200m	23h00'		1997	Marino Giacometti	ITA
Mont Blanc - SkyBike *	Genoa	Italy	4810m	320 km	5200m	18h58'		2008	Andrea Daprai	ITA
Mont Blanc - SkyBike *	Genoa	Italy	4810m	320 km	5200m	16h36'		2013	Nico Valsesia	ITA
SKYRUNNING RECORDS - 4,000m WORLD	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
Popocateptl *	Paso Cortes	Mexico	5441m	20 km	1800m		3h30'00"	1990	Victor Pani	MEX
Kilimanjaro *	Marangu	Tanzania	5962m	80 km	4000m	5h38'00"	8h34'52"	2001	Bruno Brunod	ITA
Kilimanjaro *	Marangu	Tanzania	5962m	80 km	4000m	5h24'00"	9h38'00"	2009	Andrey Puchinin	RUS
Kilimanjaro *	Marangu	Tanzania	5962m	80 km	4000m	5h23'50"	7h14'00"	2010	Kilian Jornet	ESP
Kilimanjaro *	Marangu	Tanzania	5962m	80 km	4000m	4h56'00"	6h56'24"	2013	Karl Egloff	SUI
Grand Teton *	N. Park Lupine	USA	4197m	20 km	2300m	2h54'01"		2012	Kilian Jornet	ESP
Grand Teton *	N. Park Lupine	USA	4197m	20 km	2300m	3h51'00"		2012	Emelie Forsberg	SWE
Mexico Iztaccihuatl*	Paso Cortes	Mexico	5210m	33 km	1550m	1h55'00"	2h50'44"	1998	Ricardo Mejia	USA
Mount Rainer *	Washington	USA	4392m	nd		3h20'00"	4h40'59"	2012	Willie Benegas	USA
Mount Rainer *	Washington	USA	4392m	nd		3h15'39"	3h57'55"	2013	Andy & Jason Dorias	USA
Longs Peak *	Colorado	USA	4346m	nd		1h14'08"	1h56'48"	2012	Andy Anderson	USA
Grand Teton *	Wyoming	USA	4199m	nd			2h53'02"	2012	Andy Anderson	USA
Grand Teton *	Wyoming	USA	4199m	nd			3h51'00"	2012	Emelie Forsberg	SWE
Mount Whitney *	California	USA	4418m	nb		1h56'54"	3h06'39"	2012	Brett Maune	USA
Mt Elbrus **	Caucasus	Russia	5642m	14 km	3330m	3h28'17"	4h39'17"	2014	Vitaly Shkel	RUS
Mt Elbrus Race	Caucasus	Russia	5642m	14 km	3330m	3h26'14"	4h20'00"	2017	Karl Egloff	EQU
Mt Elbrus **	Caucasus	Russia	5642m	14 km	3330m	4h49'00"	6h25'23"	2015	Oksana Stefanishina	RUS
Mt Elbrus Race	Caucasus	Russia	5642m	14 km	3330m	4h30'00"		2017	Diana Zelenova	RUS

MOUNTAINEERING RECORDS OVER 6,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
Aconcagua *	Plaza Mulas	Argentina	6962m	nd	2800m	4h36'30"	5h57'14"	1992	GM Haute Montagne	FRA
Aconcagua **	Plaza Mulas	Argentina	6962m	nd	2800m	3h40'20"	4h52'14"	2000	Brunod/Meraldi/Pellissier	ITA
Aconcagua *	Horcones	Argentina	6962m	60 km	4100m		12h49'	2014	Kilian Jornet	ESP
Aconcagua *	Horcones	Argentina	6962m	60 km	4100m		11h52'	2014	Karl Egloff	EQU
Aconcagua *	Plaza Mulas	Argentina	6962m	60 km	4100m	9h50'00"	14h22'	2016	Fernanda Maciel	BRA
Aconcagua *	Entrance Park	Argentina	6962m	63 km	4600m	14h53'00"	22h52'	2016	Fernanda Maciel	BRA
Aconcagua Bike & Ultra *	Vina del Mar	Chile/Arg	6962m	223 km	8159m		22h41'	2014	Nico Valsesia	ITA
Kahan Tengri *	Kazakistan	Russia	7010m	nb			12h22'	2011	Denis Urubko	RUS
Lenin Peak *	Pamir	Russia	7137m	nd			5h5'	2014	Vitaly Shkel	RUS
McKinley - Denali *	Alaska	Alaska	6194m	53 km	4700m	9h43'00"	11h49'	2014	Kilian Jornet	ESP
Muztagh Ata *	Pamir	China	7546m	nd		9h25'00"		2005	B Bohom /Sebastian Haag	GER
Pumori *	Lobuche	Nepal	7145m	nd	3000m	9h	14h	1989	Marino Giacometti	ITA
MOUNTAINEERING RECORDS OVER 8,000m	LOCATION	COUNTRY	ALTITUDE	DISTANCE	TOTAL CLIMB	METRES/HR	TIME	YEAR	HOLDER	NATION
Shisha Pangma N **	Tibet	China	8013m	nd	2600m	12h01'	15h	1995	Bep Ollè/Fabio Meraldi	ESP/ITA
Shisha Pangma S *	Tibet	China	8013m	nd	2600m	10h30'		2011	Ueli Steck	SUI
Gasherbrum II *	Baltoro	Pakistan	8035m			12h30'	17h	2006	B Bohom /Sebastian Haag	GER
Annapurna *	South	Nepal	8091m			28h		2013	Ueli Steck	AUS
Broad Peak *	Baltoro	Pakistan	8047m			16h	22h	1984	Wielicki	POL
Broad Peak *	Baltoro	Pakistan	8047m			16h	22h	1986	Benoit Chamoix	FRA
Manaslu *	Adv Camp	Nepal	8163m			14h05'	21h14'	2013	Andrzej Bargiel	POL
Nanga Parbat *	Diamir	Pakistan	8125m			24h		1987	Benoit Chamoix	FRA
Cho Oyo *	Tibet	China	8201m			18h45'		1994	Carlos Carsolio	ESP
Cho Oyo *	Tibet	China	8201m			11h16'		2004	Inaki Ochoa	ESP
K2 *	Baltoro	Pakistan	8611m			24h		1986	Benoit Chamoix	FRA
Mount Everest *	Khumbu	Nepal	8878m			22h30'		1990	Marc Batard	FRA

updated: May 2017